

## Lecture 24: Hypercontractivity and Applications

# Recall: Smoothing Operator

- Let  $\varepsilon \in (0, 1/2]$
- Consider the following distribution  $p(r) = \varepsilon^{\text{wt}(r)}(1 - \varepsilon)^{n - \text{wt}(r)}$   
(Intuition: Starting with input  $0^n$ , each bit is independently flipped to 1 with probability  $\varepsilon$  to obtain the string  $r$ )
- Given a function  $f$  we define a smoothed version of  $f$ , namely,  $\tilde{f}$  as:  $\tilde{f}(x) := \sum_{r \in \{0,1\}^n} p(r) \cdot f(x + r)$

## Recall: Properties

- Let  $\rho = 1 - 2\varepsilon$
- Let  $T_\rho(f) = \tilde{f}$

### Lemma

$$\widehat{\tilde{f}}(S) = \rho^{|S|} \widehat{f}(S)$$

### Lemma

*The operator  $T_\rho$  is a linear bijection*

## Definition ( $p$ -Norm)

Given a function  $f$ , for  $p > 0$ , we define the  $p$ -norm as:

$$\|f\|_p := \left( \frac{1}{N} \sum_{x \in \{0,1\}^n} |f(x)|^p \right)^{1/p}$$

## Lemma (Monotonicity)

*For a fixed  $f$ , the  $\|f\|_p$  is a non-decreasing function of  $p$ , for  $p > 0$ . The norm does not increase with increasing  $p$  if and only if  $f$  is a constant.*

## Lemma

*For  $p > 0$ , suppose  $\|f\|_p = \|g\|_p$  and let  $h = \lambda \cdot f + (1 - \lambda) \cdot g$ , where  $\lambda \in [0, 1]$ . Then  $\|h\|_p \leq \|f\|_p$ .*

## Lemma (Contraction)

For  $p > 0$ , we have:

$$\|T_\rho(f)\|_p \leq \|f\|_p$$

## Lemma (Monotonicity)

For  $\rho \leq \sigma$  and  $p > 0$ , we have:

$$\|T_\rho(f)\|_p \leq \|T_\sigma(f)\|_p$$

## Theorem (Hypercontractivity)

For  $1 \leq p \leq q$  and  $\rho \leq \sqrt{\frac{p-1}{q-1}}$ , we have:

$$\|T_\rho(f)\|_q \leq \|f\|_p$$

- Intuition:  $\|T_\rho(f)\|_p$  is definitely  $\leq \|f\|_p$ . But this theorem says that even the  $\|T_\rho(f)\|_q$  is  $\leq \|f\|_p$ .
- For  $\rho = \sqrt{\frac{p-1}{q-1}}$  we get the tightest version of the inequality
- Application: We use  $p = 2$  or  $q = 2$ , and then use Parseval's

## Definition (Degree)

A function  $f$  has degree (at most)  $k$  if  $\hat{f}(S) = 0$  for all  $|S| > k$ .



# Application: Bounds on Norms of Low-degree Polynomial

Let  $f$  be a function with degree  $k$

## Lemma

For  $p \in [1, 2]$ , we have:  $\|f\|_p^2 \geq (p-1)^k \|f\|_2^2$

Let  $q = 2$  and  $\rho = \sqrt{p-1}$  and  $p \leq q$

$$\begin{aligned} \|f\|_p^2 &\geq \|T_\rho(f)\|_q^2 && \text{Hypercontractivity} \\ &= \sum_S \widehat{f}(S)^2 && \text{Parseval's} \\ &= \sum_S (p-1)^{|S|} \widehat{f}(S)^2 \geq (p-1)^k \sum_S \widehat{f}(S)^2 \\ &= (p-1)^k \|f\|_2^2 && \text{Parseval's} \end{aligned}$$

- $\|f\|_p$  is definitely smaller than  $\|f\|_2$  (because  $p \leq 2$ ), but it is not *too small*

# Application: Bounds on Norms of Low-degree Polynomial

## Lemma

For  $q \geq 2$ , we have:  $\|f\|_q^2 \leq (q-1)^k \|f\|_2^2$

Let  $p = 2$ ,  $\rho = 1/\sqrt{q-1}$  and  $g$  be such that  $T_\rho(g) = f$

$$\|T_\rho(g)\|_q^2 \leq \|g\|_2^2 \quad \text{Hypercontractivity}$$

$$= \sum_S \widehat{g}(S)^2 \quad \text{Parseval's}$$

$$= \sum_S \widehat{f}(S)^2 / \rho^{2|S|} = \sum_S (q-1)^{|S|} \widehat{f}(S)^2$$

$$\leq \sum_S (q-1)^k \widehat{f}(S)^2 \quad \text{Low Degree}$$

$$\leq (q-1)^k \|f\|_2^2 \quad \text{Parseval's}$$

- $\|f\|_q$  is definitely larger than  $\|f\|_2$  (because  $q \geq 2$ ), but it is not *too large*